

NOVEMBER 2025

Listen 4 Change Newsletter



Contact Listen 4 Change:

Website : www.listen4change.uk

Email: listen4change@outlook.com

Facebook private group -

<https://www.facebook.com/groups/1815692118888096>

Facebook page - Listen4Change, St Helens Parent Carer
Forum | Saint Helens | Facebook

JOIN US FOR A COFFEE & CHAT – YOUR VOICE MATTERS

Each month, Listen 4 Change hosts daytime and evening coffee events for parent carers of children and young people (aged 0–25) with Special Educational Needs and/or Disabilities (SEND).

A relaxed space to connect with other parent carers, share experiences, and talk openly about local services.

Your feedback is shared by Parent Reps to help shape better support.

Whether you want to influence change or simply chat—we'd love to see you.



📍 Drop in and say hello:

Wonderland Community Centre c/o

Canal St, Saint Helens WA10 3JQ

Tuesday 25th November 6.30-8pm – Chat & chill over a brew
Friday 5th December 10am-12pm – Chat & chill over a brew

NOVEMBER 2025

Listen 4 Change: What We've Been Up To in November

- We worked with the Senior Commissioning Manager of the Neurodevelopmental Pathway (NDP) to deliver daytime and evening workshops to inform parent carers about the proposed changes to the NDP and to gather their feedback. Parent carers feedback has been shared with the relevant project leaders across the Cheshire & Merseyside region and will feed into a FAQ document that is being developed.
- We attended a meeting and shared our feedback about the technical design to make Haydock Library a more inclusive and SEND friendly space.
- We met with the Director of Children's Services to discuss feedback from parent carers that has been shared with us at recent events
- We held a coffee morning for parent carers to inform you what we have been involved in during 2025 and for you to tell us your priorities for improving services for children and young people with SEND
- We attended the Autism in Schools Steering Group to meet with the 39 schools that are part of this project to share good practice from Wave 1 schools, discuss funding and training opportunities for schools and to hear updates from TESSA

NOVEMBER 2025

Listen 4 Change: What We've Been Up To in November

- We attended a Cheshire & Merseyside regional meeting of Parent Carer Forum Leads with the NDP Programme Manager to hear updates on the implementation of the new Profiling Tool, the rollout of training to schools and the development of training for parent carers
- We held a coffee evening with the Council's Head of SEND, Intervention & Inclusion to inform parent carers about the various positive actions that have been taken in response to parents feedback from the 2024 parent carer survey and as part of the first year of the SEND Strategy, to listen to parents lived experiences and to answer parent carers questions.
- We attended our regular Keeping in Touch meeting with senior leaders from education, health and social care and provided feedback/asked for updates on issues parent carers have shared with us around provision available to develop independent living skills, accessing social care support and a lack of specialist short break provision, accessing parent carer needs assessments, ND Profiling Tool and pathway waiting times and other key issues.
- We contributed to the review of the local area SEND Partnership Agreement which provides a framework across the St Helens area for all key strategic partners, including Listen 4 Change, to collaboratively work to achieve the best outcomes for Children and Young People with SEND
- We worked with Children's Social Care to review an easy read document prepared for parent carers to explain how to access social care support for a child with a disability

NOVEMBER 2025

Our Year in Numbers

Opportunities to share your views

- 15 coffee events
- 2 Forum meetings
- 3 engagement sessions
- 5 school coffee events
- 1 full day of training
- 174 parents carers attended



Representing Parent Carer Voices

- Over 130 hours spent in co-production meetings with education, health & social care partners
- 13 volunteers regularly representing parent carer voices
- 17 workstreams & projects across St Helens Council & ICB where parent carers are heard



Keeping Families Informed

- 4 newsletters sent to parent carers, schools & professionals.
- 463 parent carers on our mailing list (and growing!)
- 418 parent carers in our private Facebook group
- 381 followers on our public Facebook page



Raising awareness

Our volunteers have attended

- 5 market stall events
- The NNPCF national conference
- The North West PCF regional conference



Online Reach

- Our Facebook page reached 85.8K views
- Our website had 3971 visits



NOVEMBER 2025

IASS Drop ins



St Helens IASS is a statutory service providing free information, advice and support on matters relating to children and young people with special educational needs and disabilities (SEND). The service is offered to children and young people with SEND, and their parents/carers

Please use the online form to help the team deal with your query in the most efficient way. Parents can contact the service, attend a SEND drop in and make a self-referral

<https://forms.office.com/e/ahV5HQfz6F>

More information can be found here

<https://familyinfodirectory.sthelens.gov.uk/kb5/sthelens/directory/service.page?id=CKytboDDiEw>

Mondays 1.00pm - 3.00pm at Sutton Family Hub, Ellamsbridge Road, Sutton, WA9 3PY

Wednesday 10.00am - 2pm at Central Link Family Hub, Westfield Street (off Peter Street) St Helens, WA10 1QF

Thursday Wargrave Primary school -9am - 11.30 (this is open to all parents - not just the parents of Wargrave Primary)

ADDvanced Solutions



ADDvanced Solutions offers support, coaching and mentoring for families and professionals living with neurodevelopmental conditions and learning difficulties.

Scan the QR code to view ADDvanced solutions latest newsletter!

Click Here or Scan the QR code to view Full Details of Autumn 2 2025

Our website is currently under maintenance so please contact the office directly to book onto our learning programmes and workshops.

<https://mcusercontent.com>

NOVEMBER 2025

Help shape youth mental health support

Cheshire & Merseyside Children's Services are gathering the voices of children and young people in each area to help shape mental health support available for children and young people. Please support your child/young person to complete this short survey and have their voice heard:

<https://forms.office.com/e/fWKekxYJcJ>

The survey is open until Friday 21st November.

2025 Parent Carer Survey of SEND in St Helens

Have Your Say

By completing the 2025 Parent Carer Survey of SEND in St Helens, you'll be helping to shape the future of local services and support for children and young people with special educational needs and/or disabilities (SEND). We want to hear about your experiences of education, health and social care support – whether or not your child or young person has an EHCP or a formal diagnosis.

The survey closes on Friday 28th November.
Once the results are published, we'll share them with you.

👉 Take part here: <https://forms.office.com>

NOVEMBER 2025

Neurodiversity in Schools survey

A Neurodiversity in Schools survey has been launched to understand how neurodivergent friendly St Helens schools and colleges are. This survey can be completed by children and young people, parent carers and staff working within a St Helens education setting and will be used as a baseline to understand the impact of the Autism in Schools project in St Helens.

This survey is open until Friday 21st November.
Please use the link or scan the QR code:

<https://forms.office.com/e/VVm3FqnYLc>



Kidz to Adultz North – Free Event in Liverpool

Wednesday 3rd December 2025 | ACC Liverpool | 9.30am – 4.00pm

Free entry | Parking available | Fully accessible

One of the UK's largest free events for children and young people with disabilities and additional needs is returning to Liverpool this winter. Explore over 100 exhibitors, specialist equipment, services, and expert advice. This year's focus is navigating key transitions – from education and employment to greater independence.

- ✓ CPD-certified seminars
- ✓ Fun inclusive activities, Santa's Grotto & Bubble Ology
- ✓ Exciting competitions with prizes at M&S Bank Arena

Perfect for families, carers, professionals, SENCOs, and therapists.

👉 Register free and find out more: [Kidz to Adultz North](#)

Touch Twist Tassels



**Lets make tassels
that will become
part of the new
Haydock Library!**

Thursday 27 November & Saturday 29 November

11 am - 3 pm

Haydock Library, Church Rd, Saint Helens, WA11 0LY

Join artist Emily Simpson in these free and inclusive tassel-making workshops for all ages.

Emily is creating new textile sensory panels, that will be included in Haydock Library's for people to touch and play with to meet their sensory needs.

Come and loop, tie and create your own tassels that will be included in these sensory panels, and become part of the new Haydock Library!

Both these workshops are drop-in and you don't need to book. You can come at anytime and stay for as long as you'd like.



**Tell us your access
requirements in advance:**

Email: emilypeasgoodstudio@gmail.com

Call, text or WhatsApp: 07749 115484



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Neurodevelopment pathway drop ins



Mersey Care
NHS Foundation Trust

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process. You don't need to be using our service, you can drop in if you have any questions to ask about this. We look forward to meeting you.

**Tuesdays at Parr
Children's Centre
and Central Link
Family Hub**

See details and
times below

12 August at Parr
Children's Centre, 9am
to 12 noon.

23 September at Central Link
Family Hub, 1pm to 4pm.

25 November at Central
Link Family Hub, 1pm to
4pm.

26 August at Central
Link Family Hub, 1pm
to 4pm.

7 October at Parr Children's
Centre, 9am to 12 noon.

9 December at Parr
Children's Centre, 9am
to 12 noon.

9 September at Parr
Children's Centre, 9am
to 12 noon.

21 October at Central Link
Family Hub, 1pm to 4pm.

18 November at Parr
Children's Centre, 9am to
12 noon.

16 December at Central
Link Family Hub, 1pm to
4pm.

We work with children and young people with complex neurodevelopmental difficulties, who need an assessment to gain a better understanding of their needs. Sutton Family Hub, Ellamsbridge Road, Sutton, St Helens, WA9 3PY Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF If you need more information you can contact us on **01744 415 608** or email: mcn-tr.sthelensneuropathway@nhs.net

