

FEBRUARY 2026

Listen 4 Change Newsletter



Contact Listen 4 Change:

Website : www.listen4change.uk

Email: listen4change@outlook.com

Facebook private group -

<https://www.facebook.com/groups/1815692118888096>

Facebook page - [Listen4Change, St Helens Parent Carer](#)

Forum | Saint Helens | Facebook

JOIN US FOR A COFFEE & CHAT – YOUR VOICE MATTERS

Each month, Listen 4 Change hosts daytime and evening coffee events for parent carers of children and young people (aged 0–25) with Special Educational Needs and/or Disabilities (SEND).

A relaxed space to connect with other parent carers, share experiences, and talk openly about local services.

Your feedback is shared with local services to help shape better support.

Whether you want to influence change or simply chat—we'd love to see you.

📍 Drop in and say hello:

Wonderland Community Centre c/o
Canal St, Saint Helens WA10 3JQ



FEBRUARY 2026

Events in Spring Term

Thursday 12th February Education, Health and Care Plan (EHCP) online

Workshop 10am-12pm. Delivered by Eleanor Wright, SOS!SEN Legal Officer

This online workshop is for parent carers of children/ young people with SEND.

Places are limited so booking is essential. Please book your place here

https://docs.google.com/forms/d/e/1FAIpQLSe_QgyfwR64qu3gRTSsRDmepvBHe1cVw0eLLFvK7RN-PpUTaQ/viewform?usp=dialog

Friday 13th February - Coffee morning

10am-12pm. Wonderland Community Centre WA10 3JQ

The SEND Practitioner from the St Helens 0-19+ Service will be attending to listen to your feedback.

Tuesday 24th February- Coffee evening

6:30-8pm Wonderland Community Centre WA10 3JQ

Come and meet other parent carers in a relaxed and friendly setting for a drink and a chat, and help shape better SEND services.

Your feedback is shared with service leads.

Thursday 26th February Education, Health and Care Plan (EHCP) online

Workshop 6-8pm Delivered by Eleanor Wright, SOS!SEN Legal Officer

This online workshop is for parent carers of children/ young people with SEND.

Places are limited so booking is essential. Please book your place here

https://docs.google.com/forms/d/e/1FAIpQLSe_QgyfwR64qu3gRTSsRDmepvBHe1cVw0eLLFvK7RN-PpUTaQ/viewform?usp=dialog

Friday 13th March - Coffee morning

10am-12pm. Wonderland Community Centre WA10 3JQ

A Specialist Paediatric Therapist from Mersey Care NHS Foundation Trust will be speaking with parent carers on how the service can support with sensory difficulties and answering questions.

Tuesday 24th March- Coffee evening

6:30-8pm Wonderland Community Centre WA10 3JQ

Come and meet other parent carers in a relaxed and friendly setting for a drink and a chat, and help shape better SEND services.

Your feedback is shared with service leads.

FEBRUARY 2026

Listen 4 Change: What We've Been Up To in January

- We attended a Cheshire & Merseyside regional oversight study to share parent carer views on the pilot evaluation of the Cheshire and Merseyside Neurodiversity Profiling Tool. Plans are in place to roll out the Profiling Tool across St Helens during 2026.
- As a member of the National Network of Parent Carer Forums (NNPCF), we attended a meeting with Minister Gould to discuss what accountability is needed to support an effective, inclusive mainstream education system and what are the key foundations for building parent carer trust across the system. Alongside a live discussion and the chat function, Parent Carer Forums shared extensive feedback of lived experience and offered ideas we would like to see reflected in the upcoming Schools White Paper. The Minister acknowledged the challenge and constructive contribution that the NNPCF provides, recognising the strength and impact of the collective parent carer voices through Parent Carer Forums.
- We attended the Autism in Schools Steering Group meeting to hear updates on the ND Profiling Tool, discuss the Ofsted Framework and review training data from schools.
- We attended the SEND Partnership Board Meeting to raise areas of concern that you have shared with us recently and to hear updates from local partners and share parent carer feedback on developments around the transformation of the Neurodevelopmental Pathway, the modernisation of SEND Transport, updates in children and young people's mental health services and intensive support function as well as the outreach programme offered by Mill Green Specialist school, a recent internal audit of social care advice within EHCPs and a discussion around the wait times for EHCPs and the requests for needs assessments.

FEBRUARY 2026

Listen 4 Change: What We've Been Up To in January

- One of our Steering Group participated in an Introduction to SPELL: Understanding and Responding to Autism training delivered by an Advanced Licence holder for SPELL to bring us up to date on the SPELL Framework, one of the key components of National Autism Trainer Programme, ahead of the imminent release of version 3.
- During this month's Listen 4 Change coffee morning and evening we welcomed one of our own parent carers and finance expert to deliver a Financial Foundations workshop. The workshop discussed how parent carers can gain better control over their finances, reduce financial stress, and build a more secure financial future. Both of our January coffee events were offered as hybrid meetings so that parent carers could attend online if they were unable to join us in person at Wonderland Community Centre.
- As part of the local area SEND inspection, members of the Listen 4 Change Steering Group met with the Ofsted and CQC Inspectors to brief them on key themes evident from parent carer feedback shared with us in relation to education, health and social care services.

FEBRUARY 2026

**FREE Training - Education, Health & Care Plan workshop with
SOS!SEN**



We are excited to announce that Eleanor Wright, SOS!SEN Legal Officer, will be delivering a daytime and an evening online workshop to our members on

Thursday 12th February 10am-12pm

Thursday 26th February 6-8pm.

The workshop will cover:

- What advice and information should be obtained during the assessment period
- Timescales
- Format of EHC Plans
- Content of each section of EHC Plans
- Includes discussion of a draft Plan with pointers on what to look out for
- Q&A session at the end

The workshop is ideal for any parents wanting an introduction to how to navigate the EHCP process. Places are limited and booking is essential. Places can be booked via the link:

[Education, Health and Care Plan \(EHCP\) online workshop with Eleanor Wright, SOS!SEN Legal Advisor](#)

SOS!SEN is a national charity that aims to empower parent carers of children and young people with SEND to successfully tackle the difficulties they face when trying to secure the right educational provision for their children.

You can read more about them here: [SOS!SEN – The Independent Helpline for Special Education Needs – We offer a free, friendly, independent and confidential telephone helpline for parents and others looking for information and advice on Special Educational Needs \(SEN\).](#)

FEBRUARY 2026

Tourette's Association



Tourettes Action is the only UK-wide charity dedicated to supporting individuals with Tourette syndrome and their families. Here is some useful information:

February webinar [Latest news on TS - Neupulse: Your Questions Answered](#)

New animation video for those who are newly diagnosed [Newly diagnosed with Tourette syndrome](#)

Small grants available for those with a confirmed diagnosis of Tourette's [TA grants](#)

FEBRUARY 2026

Discover Your Future at Knowsley Safari - Pathways, Inclusion & Possibility

Join Thrive and Knowsley Safari for a live, interactive careers event designed especially for young people with diverse needs, including those with SEND or at risk of becoming NEET (Not in Education, Employment, or Training), exploring inclusive roles and pathways at Knowsley Safari. This session is suitable for young people, parents, carers and professionals supporting young people with diverse needs.

Reserve your place here:

<https://www.eventbrite.com/e/discover-your-future-at-knowsley-safari-pathways-inclusion-possibility-tickets-1980860163071?aff=oddtcreator>

The live streamed panel will introduce you to the wide range of careers and pathways available at Knowsley Safari – from working directly with animals, to roles in education, conservation, retail, marketing, operations, and more.

For anyone who can't make the live session, a full recording of the live event will be available on the Thrive YouTube channel.

Any parents or carers who have questions related to jobs/ careers etc at Knowsley Safari please submit these before the event to

heidi.langton@thrivecic.org and they will be covered during the live session.

More information about Thrive can be found here: [Thrive | Careers Support for Unique Journeys](#)

FEBRUARY 2026

ADDvancedSolutions



ADDvanced Solutions offers support, coaching and mentoring for families and professionals living with neurodevelopmental conditions and learning difficulties.

Scan the QR code to view ADDvanced solutions latest newsletter!

It includes full details of face-to-face and online offers available Spring Term 2026

https://mcusercontent.com/324ac5731eb9f0525ea588dba/files/f0590b1a-7346-efec-cc25-9d4bf0a878d3/ST_HELENS_Spring_2026_What_039_s_On_Guide.01.pdf



St Helens IASS

St Helens IASS is an Independent Advice and Support Service for children, young people and families with Special Educational Needs and Disabilities (SEND).

It is a statutory service that provides free, information, advice and support on matters relating to SEND, helping families to understand their rights, options and the support available to them.

The service is offered to children and young people with SEND, and their parents/carers

Please use the online form to help the team deal with your query in the most efficient way.

Parents can contact the service, attend a SEND drop in and make a self-referral
<https://forms.office.com/e/ahV5HQfz6F>

More information can be found here

<https://familyinfodirectory.sthelens.gov.uk/kb5/sthelens/directory/service.page?id=CKytboDDiEw>



What's Going On With Autism and ADHD Help in St Helens?

Dec 2025 Update



Why is this being shared?

Parent Carers have told us how important communication is about the local Neurodevelopmental Pathway. So, here are some things you and your family may want to know!

How Long Will it Take?

Autism Pathway

	Time for reply after referral	Within 4 weeks
	Speech & Language Assessment	Within 18 weeks
	Paediatrician Assessment	About 45 weeks
	Whole Process	About 29 months

How Long Will it Take?

ADHD Pathway

	Time for reply after referral	Within 4 weeks
	Qb Test	Within 18 weeks
	Decision Appt (Paediatrician) / Whole Process	About 12 months



Let's Clear Up Some Myths!

- "Having a diagnosis will give my CYP access to new areas of support."
 Nope! Lots of help is there before, during or after being on the Pathway.
- "School won't help without a diagnosis."
 Schools in St Helens will support based on individual needs using the graduated response.
- "My child's referral was rejected by the Pathway, because school doesn't see the differences or didn't fill it in properly."
 Non-acceptance is usually due to the Pathway believing that more helpful work can be done with the young person first.
- "A diagnosis will mean that my young person can access specialist educational provision."
 Access is based on need and not a diagnosis.
- "Having a diagnosis of Autism or ADHD will allow my child to access medication."
 Medication should be a last resort option and will only be considered after other strategies have been trialled. Medication is not available for, and will not help, with autism.
- "A diagnosis will mean my child can get an EHCP."
 Also based on need rather than a diagnosis and many CYP, including those with a diagnosis, can be fully supported and understood under their schools universal and SEND provision.



What Help Can You Get?

In St Helens, you can get the same support before, during and after a referral to the Pathway.



Help at School: Adaptations & support can be given regardless of a diagnosis. Speak with your SENCO or Teacher.



SEND Info Hub: Visit the [Hub](#) for information about the [Local Offer](#), including support in [Family Hubs](#).



Learning & Peer Support: Access a range of support with [Advanced Solutions](#) Tel: 01744 582 172



Emotional Wellbeing: Visit [Thrive](#) for CYP MH support including [MHST](#) in Primaries and [Resilience Service](#) in High Schools.



Sleep: For support with sleep, first contact the 0-19+ Service on Tel 01744 411 277 or your local Family Hub Tel 01744 673 445 or visit [Sleep Charity](#)



The next update will come March 2026

Neurodevelopment pathway drop ins

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process.

You don't need to be using our service, you can drop in if you have any questions to ask about this. We look forward to meeting you.



Mersey Care
NHS Foundation Trust

Tuesdays at Parr Children's Centre and Central Link Family Hub

See details and times below

13 January at Parr Children's Centre, 9am to 12 noon.

10 March at Parr Children's Centre, 9am to 12 noon.

12 May at Parr Children's Centre, 9am to 12 noon.

27 January at Central Link Family Hub, 1pm to 4pm.

24 March at Central Link Family Hub, 1pm to 4pm.

26 May at Central Link Family Hub, 1pm to 4pm.

10 February at Parr Children's Centre, 9am to 12 noon.

14 April at Parr Children's Centre, 9am to 12 noon.

9 June at Parr Children's Centre, 9am to 12 noon.

24 February at Central Link Family Hub, 1pm to 4pm.

28 April at Central Link Family Hub, 1pm to 4pm.

23 June at Central Link Family Hub, 1pm to 4pm.

We work with children and young people with complex neurodevelopmental difficulties, who need an assessment to gain a better understanding of their needs.

Parr Children's Centre, Ashtons Green Drive, St Helens, WA9 2AP
Central Link Family Hub, Westfield Street, (off Peter Street),
St Helens, WA10 1QF

If you need more information you can contact us on
or email: mcn-tr.sthelensneuropathway@nhs.net

01744 415 608



Neurodevelopment pathway drop ins

Come along to one of our drop in sessions in St Helens.

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Mersey Care
NHS Foundation Trust

Tuesdays at Parr Children's Centre and Central Link Family Hub

See details and times below

14 July at Parr Children's Centre, 9am to 12 noon.

8 September at Parr Children's Centre, 9am to 12 noon.

10 November at Parr Children's Centre, 9am to 12 noon.

28 July at Central Link Family Hub, 1pm to 4pm.

22 September at Central Link Family Hub, 1pm to 4pm.

24 November at Central Link Family Hub, 1pm to 4pm.

11 August at Parr Children's Centre, 9am to 12 noon.

13 October at Parr Children's Centre, 9am to 12 noon.

8 December at Parr Children's Centre, 9am to 12 noon.

25 August at Central Link Family Hub, 1pm to 4pm.

27 October at Central Link Family Hub, 1pm to 4pm.

22 December at Central Link Family Hub, 1pm to 4pm.

We work with children and young people with complex neurodevelopmental difficulties, who need an assessment to gain a better understanding of their needs.

Parr Children's Centre, Ashtons Green Drive, St Helens, WA9 2AP
Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF

If you need more information you can contact us on or email: mcn-tr.sthelensneuropathway@nhs.net

01744 415 608





DOES YOUR CHILD HAVE A NEURODISABILITY?

(E.G AUTISM, ADHD, EPILEPSY, CEREBRAL PALSY)

WOULD YOU LIKE TO SHARE YOUR EXPERIENCES OF ACCESSING DENTAL CARE FOR YOUR CHILD?

WE ARE LOOKING FOR PARENTS/CARERS OF CHILDREN AGED
4-16 TO TAKE PART IN A GROUP DISCUSSION ABOUT THEIR
EXPERIENCES OF ACCESSING DENTAL CARE FOR THEIR CHILD.

YOU WILL RECEIVE A £20 VOUCHER AS A THANKS FOR YOUR
TIME.

10TH FEBRUARY 5:30-7:30PM
WONDERLAND COMMUNITY CENTRE, WA10 3JQ

IF YOU ARE INTERESTED PLEASE FOLLOW SCAN
THE QR CODE BELOW OR EMAIL EMMA:
EMORGAN@LIVERPOOL.AC.UK





DOES YOUR CHILD HAVE A NEURODISABILITY?

(E.G AUTISM, ADHD, EPILEPSY, CEREBRAL PALSY)

WOULD YOU LIKE TO SHARE YOUR EXPERIENCES OF ACCESSING DENTAL CARE FOR YOUR CHILD?

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TIME.

12TH FEBRUARY 6:30-8:00PM
VIRTUAL VIA MICROSOFT TEAMS

IF YOU ARE INTERESTED PLEASE FOLLOW SCAN
THE QR CODE BELOW OR EMAIL EMMA:
EMORGAN@LIVERPOOL.AC.UK





TOURETTE'S: BUILDING CONFIDENCE THROUGH KNOWLEDGE

SATURDAY 14TH MARCH 9:15 - 15:30

 Leonardo Hotel, Brewery Wharf, Brewery Pl, Leeds LS10 1NE.

 <https://events.tourettes-action.org.uk/Event-Registration/EventId/1267>

Join us for a one-day workshop designed for parents and carers.

Whether you're seeking a diagnosis, newly navigating Tourette's, or looking to deepen your understanding, this session offers valuable insights into the condition's diagnosis, presentation, and effective support and management.

Led by experts with lived experience, the day will give you the opportunity to connect with other families, build a supportive community, and leave with practical, evidence-based tools that truly make a difference.

OUR SPEAKERS



DR. EDWARD PALMER
PSYCHIATRIST AND TA TRUSTEE

Dr Edward Palmer is a Psychiatrist and researcher at the University of Birmingham. He has had symptoms of TS since early childhood, but was only diagnosed with the condition in his teens. It was at this point he came into contact with Tourettes Action and became aware of the amazing work they do and support they provide.



IONE GEORGAKIS
THERAPIES AND ADVOCACY
MANAGER

Ione is an Occupational Therapist who works part-time for Tourettes Action. Using her professional and lived experience, Ione develops and leads our evidence-based, online and face to face training programmes and workshops. Ione provides advocacy and clinical consultations to professionals, employers, and individuals with TS.



KATIE SKINNER
EDUCATION AND INCLUSION
SPECIALIST

Katie has a background in Education with 15 years' experience as a Specialist Teacher and Senior Leader. Katie has extensive experience in using psycho-education to promote inclusive practices and improve understanding. Katie is passionate about providing practical support to help overcome barriers to accessibility and inclusion.

ORDER OF THE DAY

- 9:15 CHECK IN AND WELCOME
- 9:30 - 10:30 AN INTRODUCTION TO TICS AND TOURETTE'S
- 10:30 - 10:45 BREAK
- 10:45 - 12:00 SENSORY DIFFERENCES IN INDIVIDUALS WITH TIC'S AND TOURETTE'S
- 12:00 - 12:45 LUNCH
- 12:45 - 13:30 NAVIGATING EDUCATION - EMPOWERING TOOLS FOR LIFELONG LEARNING
- 13:30 - 14:30 TREATMENT FOR TICS - AN INTRODUCTION TO TIC SUPPORT AND MANAGEMENT
- 14:30 - 14:45 BREAK
- 14:45 - 15:30 EMOTIONAL REGULATION
- 15:30 FINAL QUESTIONS AND FINISH

BOOK NOW FOR ONLY £15

If you would like to attend this event but ticket price is inaccessible for you, please contact us.



CHAT &
CHILL OVER
A BREW

JOIN OUR COFFEE MORNING

Are you a parent carer of a child or young person aged 0-25 with SEND in St Helens?

The SEND Practitioner from the St Helens 0-19+ Service will be attending to listen to your feedback.

The 0-19+ Service in St Helens supports children, young people and families through:

- Health Visiting
- School Nursing
- CHAT Health confidential text service
- Enhancing Families Team



Friday
13th February
10-12pm

Wonderland
Community
Centre
WA10 3JQ

FREE
PARKING

CONTACT US ▶

Email
listen4change@outlook.com

Website:
listen4change.uk



CHAT &
CHILL OVER
A BREW

JOIN OUR COFFEE EVENING

Are you a Parent Carer of a child or young person with Special Educational Needs and/or a Disability (SEND) aged 0–25 in St Helens?

A relaxed and friendly evening for parent carers, with time to share feedback, ask questions and help shape local SEND services.

Join us-we'd love to see you



Friday
24th February
6:30-8pm

**Wonderland
Community
Centre**
WA10 3JQ

**FREE
PARKING**

CONTACT US ▶

Email
listen4change@outlook.com

Website:
listen4change.uk

Dear Parent Carer Forum Leads, Members, and Colleagues across the Cheshire & Merseyside ICB,

The [National Down Syndrome Policy Group \(NDSPG\)](#) is a coalition of organisations and individuals with lived experience that worked collaboratively for several years to campaign for, and successfully secure, the **Down Syndrome Act 2022** through Parliament. The Act represents a significant step forward in recognising the specific needs of people with Down syndrome. To ensure that the statutory guidance developed under the Act is meaningful, effective, and reflects real-life experience, it is vital that families, Parent Carer Forums, self-advocates, and system partners all contribute to the consultation.

It was extremely encouraging to see such strong engagement from local Parent Carer Forums and partners, with thoughtful questions and the sharing of lived experience. Your insight is vital in shaping effective and inclusive services.

We have attached our [Parent & Carer User Guide](#), which highlights key gaps and concerns we have identified within the draft statutory guidance.

Consultation Now Open

The Government is currently consulting on the statutory guidance required under the **Down Syndrome Act 2022**.

The consultation will close on **30 March 2026**.

This consultation represents a crucial opportunity to influence how services support people with Down syndrome across **healthcare, education, employment, housing, and social care**. It is essential that the voices of families, self-advocates, Parent Carer Forums, and system partners across Cheshire & Merseyside are heard and reflected in the final guidance.

Why It Is Important to Respond

Many of the needs previously shared by families and self-advocates remain unmet. Our review of the draft guidance has identified significant gaps that require urgent attention.

One of the most concerning omissions is the absence of any reference to **Down syndrome-specific training**.

Families consistently tell us that such training is essential to:

- Reduce diagnostic overshadowing and unconscious bias
- Improve communication and understanding

- Raise expectations across services

We strongly encourage you to raise this issue throughout your consultation responses, particularly in the specific consultation question relating to workforce training and development. This is also a key area for consideration by commissioners and system leaders within the ICB.

Support and Resources Available

To support Parent Carer Forums, families, and partners in responding to the consultation, the [NDSPG website](#) contains a comprehensive set of resources, including:

- A step-by-step [User Guide](#) to completing the consultation
- [Easy Read packs](#), divided into manageable sections
- Resources to support conversations with a loved one with Down syndrome
- A [template letter to MPs](#)

Please note:

- The main consultation responses have a **200-word limit**
- The Easy Read responses **do not have a word limit**

Accuracy Matters

The draft guidance contains factual inaccuracies. For example, it states that “most” people with Down syndrome have a learning disability. In reality, **all people with Down syndrome experience some degree of learning disability.**

We have prepared a [letter to MPs](#) addressing this and other concerns, which is available on our website. We encourage Parent Carer Forums and ICB partners to support the correction of these inaccuracies.

Help Us Spread the Word

We would be grateful if Parent Carer Forums and colleagues across the Cheshire & Merseyside ICB could help amplify this consultation by:

- Sharing information through local networks and newsletters
- Promoting engagement via social media and community channels

- Encouraging both individual and organisational responses

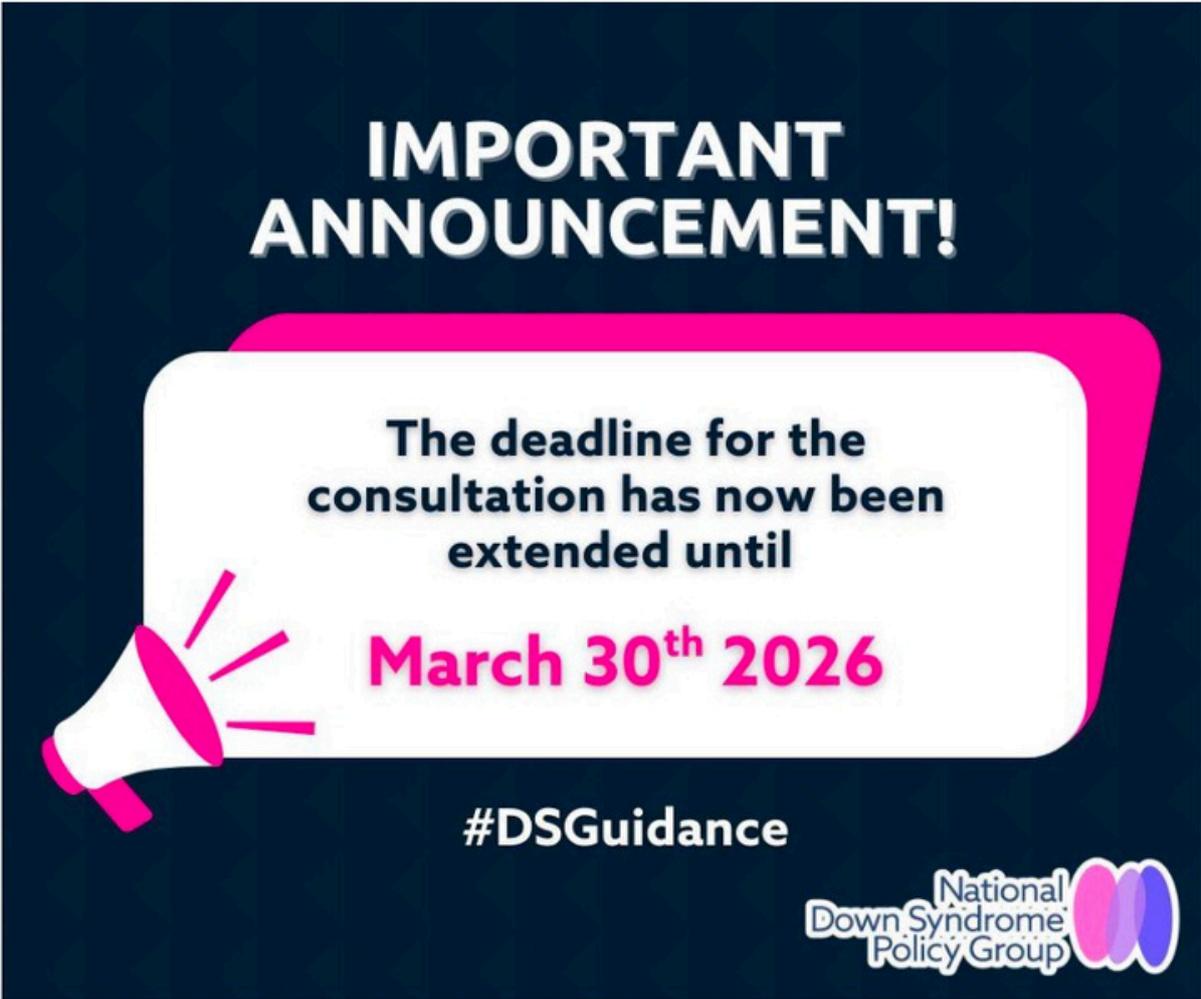
This collective approach will help ensure the guidance reflects lived experience and supports meaningful system change.

Need Support?

If you require any support or guidance in responding to the consultation, please do not hesitate to contact us. We are here to help.

Thank you for your continued commitment to improving outcomes for people with Down syndrome and their families.

Kind regards,
NDSPG



**IMPORTANT
ANNOUNCEMENT!**

**The deadline for the
consultation has now been
extended until**

March 30th 2026

#DSGuidance

National
Down Syndrome
Policy Group 

The graphic features a dark blue background with a large white speech bubble containing the announcement text. A pink megaphone icon is positioned to the left of the speech bubble. The National Down Syndrome Policy Group logo is located in the bottom right corner of the graphic.

Whilst these sessions are aimed at professionals, parents are welcome. The Regional CAPVA Lead is very keen to include parents thoughts and experience into this project.



Child and Adolescent to Parent Violence and Abuse (CAPVA)

“Recognise and Respond in Merseyside”

Course length: 3.5 hours - Online via Teams

This course is aimed at multi- agency practitioners across the Merseyside. The session will provide an overview of Child and Adolescent to Parent Violence and Abuse, supporting participants to begin to understand the complexities of CAPVA, who it affects and why this may be happening in some families.

This session will enable participants to:

- Develop an understanding of the dynamics and causal factors of Child and Adolescent to Parent Violence and Abuse (CAPVA)
- Recognise how CAPVA may present, identifying indicators and risks associated with it.
- Explore the impact of CAPVA on parents, young people who harm and other family members.
- Enable practitioners to respond to CAPVA with increased confidence.

To book your place please select a date and complete the form

22nd January 2026: 12.30 - 4pm
- 4pm

13th February 2026: 12.30

4th March 2026: 9.30 - 1pm
4 pm

25th March 2026: 12.30 -

If you would like more information, please email us at:
respectypstraining@respect.org.uk

VAI Second floor 200a Pentonville Road London N19JP

e: info@respect.uk.net / w: www.respect.uk.net

Company number: 7582438 / Charity number: 1141636



Mersey Care
NHS Foundation Trust

Paediatric Physiotherapy and Occupational Therapy Drop in Sessions

Come along and speak to one of the team about any questions you have about your child's therapy, get help with completing a referral form, or ask any questions you have about Physio or OT-Children welcome.

No need to book.

Knowsley Sessions

The Star Centre, Saint Andrew's View, Kirkby, Liverpool L33 1ZF, **2nd Wednesday of every month, 3-5pm** (14th Jan, 11th Feb, 11th March 8th Apr 13th May 10th Jun 8th Jul 12th Aug 9th Sep 14th Oct 11th Nov, 9th Dec).

St Helens Sessions-With 0-19 team

Sutton Family Hub, Ellamsbridge Road, St Helens, WA9 3PY- **3rd Thursday of every month. 1-4pm** (15th Jan 18th Feb 19th Mar 16th Apr 21st May 18th Jun 16th Jul 20th Aug 17th Sep 15th Oct 19th Nov 17th Dec)

For more information, call 0151 351 8800

